

**THURSDAY**

**Antigonish AA Group**  
326 Main St., Antigonish  
S 8pm 863-3808  
Ivan 902-232-3029

**HOW Group**  
First Baptist Church, East River Rd.  
New Glasgow CS 8pm  
Jim 902-755-3465

**Pictou Harbour Group**  
Old Pictou Road  
CD 8pm  
Ian 902-759-0365

**FRIDAY**

**Hope Group**  
Sister Catherine Steele Centre  
Stellarton  
OS 8pm  
Paul 902-396-7560

**FRIDAY CON'T**  
**Aspen AA Group**  
Lion's Den Hall- Antigonish  
OS 7:30pm  
Tony 902- 735-5327

**SATURDAY**  
**Happy Destiny Group**  
First Baptist Church  
50 Embree Island Road  
Embree's Island, Port Hawkesbury  
OD Big Book 8pm  
Deb C. 902-623-0828

**Easy Does It Group**  
St. Andrews Presbyterian Church Hall  
Church St., Westville  
OS 8pm  
Mary 902-396-1137

**Auld's Cove AA Group**  
Auld's Cove FireHall  
OS 8pm  
Mike 902-232-2822  
Tory 902-870-0000

**AL-ANON GROUPS**  
**Port Hawkesbury Al-Anon**  
Strait Serenity Club, Church St.  
Port Hawkesbury, Tuesday 8pm

**Helping Hand Al-Anon**  
HOW Club Rooms, Antigonish,  
Tuesday 8pm  
**3's Al-Anon**  
Trinity United Church Hall  
New Glasgow, Wednesday 8pm

**Al-Anon Survival to Recovery**  
**Adult Children of Alcoholics**  
Pictou Detox, 199 Elliot St  
Tuesday 7:30pm

**Glendale HOW Club,**  
Thursday 8pm

**Al-Anon**  
Havre Boucher Medical Centre  
1459 Cape Jack Rd. Havre Boucher  
Wednesday 8pm



**DISTRICT 7**  
**MEETING SCHEDULE**  
**EFFECTIVE: February 2017**

**CD – closed discussion**  
**CS – closed speaker**  
**D – discussion**  
**OS – open speaker**  
**S – speaker**

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## SUNDAY

### Guysborough AA Group

Lincolntonville Com. Center - OS 8pm  
Kenny 234-2757 John 533-2763

### Pictou Harbour Group

Old Pictou Rd. - OS 8pm  
Ian 902-759-0365

### Sunday Meeting

Strait Serenity Club, Church St.  
CD 11am - Kirk 535-3715

### Information Meeting

Pictou Detox Centre, Elliot St.  
OS 2:30pm

### H.O.W. Group

First Baptist Church, East River Rd.  
New Glasgow OS 8:30pm  
Jim 902-755-3465

### Hope Group

Sister Catherine Steele Centre,  
Stellarton - CD 12:30pm  
Paul 902-396-7560

## MONDAY

### Hope Group

Sister Catherine Steele Centre  
Stellarton – CD 8pm  
Paul 902-396-7560

### Information Meeting

Strait Richmond Hospital  
Evanston Cafeteria 8pm

### Cape George AA Group

Lakevale Community Center  
Lakevale  
OS 8pm  
Bob 902-863-6959Allan902-863-5303



## TUESDAY

### Stellarton Discussion Group

Sister Catherine Steele Centre  
CD 8pm  
Lauchie 902-752-5033

### Unity AA Group

St. James united Church  
Corner Main & Church St. Antigonish  
OS 8pm  
Joe 902-863-8541Gerry902-863-0081

### Shore Group

Lismore Community Centre  
Open 8pm (Big Book Study Meeting)  
Roy M. 926-2633 or 921-0551

## WEDNESDAY

### Pictou Harbour Group

Old Pictou Rd  
OS 8pm  
Ian 902-759-0365

### Easy Does it Group

St. Andrews Presbyterian Church  
Church St., Westville  
OS 8pm  
Mary 902-396-1137

### Port Hawkesbury AA Group

Strait Serenity Club  
Church St., Port Hawkesbury  
OS 8pm  
Rhonda 902-625-1300

### 4 Directions Group

Paq'tntek Health Center,  
Afton 8pm  
Fred 902-386-3256

## SUNDAY

### Guysborough AA Group

Royal Canadian Legion - OS 8pm  
Kenny 234-2757 John 533-2763

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